

Practice makes perfect!

*If you want to practice your event(s)
check with your nearest senior center or call 548-2789.
Availability of practice locations and equipment vary
and may change among locations. Call ahead for details!*

Madison-Mayodan Senior Center – 548-2789

Billiards, Horseshoes, Table Tennis, Tennis, Basketball Shooting, Bocce,
Football Throw, Miniature Golf, Golf Driving Range, Discus, Shot
Put

Reidsville Senior Center – 349-1088

Bowling – 1 p.m. Mondays at Reidsville Lanes (League has extra lanes
available; participant does not have to be a league player).

Shuffleboard
Horseshoes

Garden of Eden Senior Center 627-4711

Horseshoes

Emergency Medical Information

Name _____
Address _____ City _____
_____, NC Zip _____
Phone _____ Birth Date _____
Emergency Contact _____
Phone _____
Physician _____ Phone _____

Allergies _____
Medications _____
Health Problems _____

Additional Information: _____

*We urge everyone to
complete the
wallet card at left
and keep with you at all
times, especially during
Senior Games.*